

The logo for Cheshire Dance is a blue square. In the top left corner, the words "Cheshire" and "Dance" are written in white, stacked vertically. The rest of the square features a blurred, abstract image of what appears to be a person's legs in motion, possibly dancing, in shades of blue and purple.

Cheshire
Dance

Blazin'

Cheshire Dance's newsletter for Schools, Teachers and
Young People
January 2014



In this issue:

- [Effective use of your pupil premium](#)
- [Confidence – Supporting dance in your school](#)
- [News from our youth groups](#)
- [Capoeira Masterclass \(school visits\) 3rd – 7th February](#)
- [Intergenerational Training from “In THIS Moment”](#)
- [Capoeira Masterclass \(for teachers\) Saturday 1st February](#)
- [DanceAbility – Introduction to inclusive dance](#)
- [NDTA – Professional Development for Primary Schools](#)
- [Community Groups for everyone](#)
- [Opportunities with other Agencies](#)

Pupil Premium, Primary PE/ Sport Funding & Planning, Preparation and Assessment time.

How are you boosting the achievements of disadvantaged pupils? Are you using your funding and time as effectively as possible?

So what's it all about:

PPA

- enabling better lesson planning
- child focussed
- more efficiency

Pupil Premium

- Raising attainment
- Closing the performance gap between peers
- Identifying individual needs
- Additional provision & training

PE Funding

- Bringing in specialists
- Supporting and engaging the least active children
- Professional development opportunities for teachers
- Increasing pupils' participation
- Buying materials

So why are **CHESHIRE DANCE** talking about it? Well we recognise that it's not the funding itself that will improve things, but how well the schools use it. And we think we can help....

WHY DANCE?

After football, dance is the most popular physical activity among young people. It is a distinct art form and an integral part of culture that's is growing ever more popular. It is inherently collaborative, and creates connections across art forms, subjects, organisations and generations. Dance provides insights into other cultures, times and places, and gives young people access to a unique mode of learning, expression and communication. It promotes a range of public policy agendas for children and young people including 'Every Child Matters'.



Dance promotes the Every Child Matters outcomes:

Health – Encouraging active, healthy lifestyles

Safety – Creating a sense of responsibility for self and others, promoting positive behaviour

Enjoy and achieve – Engaging and progressing in an activity that many young people enjoy, that is social, increases confidence and self-esteem, and improves attitudes to learning.

Make a positive contribution – Developing team and leadership skills

Achieve economic well-being – Promoting skills and competencies that employers seek such as creativity and co-operation, offering routes to employment.

Research shows that children learning to read through movement outperform students learning to read through traditional methods. (Rose, McMahon and Parks)

Research shows children in early childhood are sensory, motor, and concrete thinkers who learn best from processing information physically through bodily movement and through their senses. (Piaget, Werner, Cassirer, Vygotsky, and Kestenber)

Research shows both hemispheres of the brain are actively engaged while learning dance. (Brown and Parsons, 2008)

WHY CHESHIRE DANCE?

Cheshire Dance's education programme, [ConfiDance](#), includes everything from teacher training, curriculum planning to workshop delivery, designed to ensure bespoke and inclusive needs are met for each setting and individual.

The organisations extensive artistic programme not only offers opportunity within an education setting, but Cheshire Dance specialises and is highly recognised for its quality work in PARTICIPATION, TRAINING (CPD) and PERFORMANCE. Many schools, teachers & artists have benefited from a highly trained, specialist team offering opportunities as big as the Olympic Torch Celebration performance, The Moment When...to a 20,000 person audience, where 900 dancers were involved and teachers received support and training from a team of professional artists (2012).

Cheshire Dance is a local registered charity, funded by Arts Council England, Cheshire East and Cheshire West and Chester Council, committed to increasing the opportunities to allow everyone to create, learn and experience dance.

Examples:

Teacher Inset Training

Specialist Artist delivery during PPA or to help improve performance and inspiration

Cross curricular activity

Case Study Example:

Pooling resources in cluster areas!

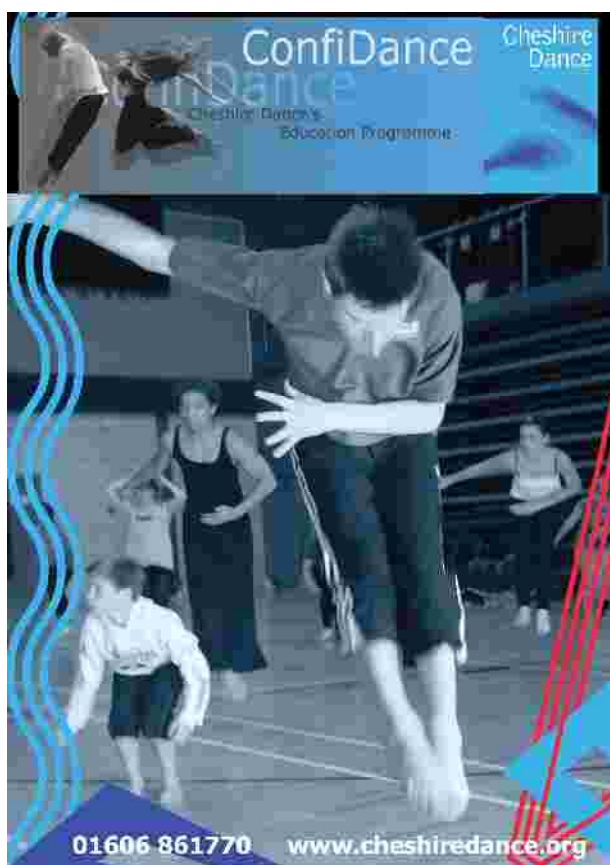
Secondary schools working with cluster primaries to pool together funds and support a dance programme that included:

- *teacher training (PRIMARY INSET) including developing confidence in delivering basic dance skills, choreography and outdoor (or) cross-curricular planning.
- * In-school programme delivered by teachers, supported by professional artists.
- *Performance opportunity hosted by the clusters secondary school. During the In-school programme teachers would work towards a performance piece.
- *Secondary school pupils could shadow teachers in the primary school to develop skills and confidence in dance leadership.

All pupils can work towards Explorer/ Discover, Bronze, Silver or Gold levels of ARTS AWARD.

“Was a fantastic process to be involved with, couldn't have done it without the support offered. The children had a fantastic time preparing and performing and it helped me to develop dance as an aspect of my teaching! Thanks!” Abi Beddows, Winnington Primary School

To find out more information about Cheshire Dance visit www.cheshiredance.org. Our education brochure is available on the website and you can speak to one of our artists by calling 01606 861770.



News from our Youth Groups - Congratulations to Helena & Alex

Cheshire Dance would like to congratulate youth company members Helena and Alex on being selected to be part of Ludus and YDE's Young Creatives Programme: Young Visionaries.

The Young Visionaries project will enable the young people to work with and be mentored by professional dance makers and performers in the North West. The young choreographers from across the programme in all four regions (SW, NW, NE & M) will come together at The Royal Ballet School in London next Easter as part of a residential programme at their iconic White Lodge building in Richmond Park and will go on to share their work on the stage of the Clore Studio Theatre in the prestigious Royal Opera House.

They have an exceptionally exciting year ahead as budding young dance makers!!



U:Dance

Both the Creative group and D.O.P.E crew are currently working hard on their pieces for the U:Dance platform. Filming will be taking place this month and fingers crossed for the shortlisting. Keep up to date with both crews on



Capoeira Masterclass With Rafael Braga Araujo

Cheshire
Dance

Start your 2014 Football World Cup preparations NOW !!
Experience the Culture of Brazil !!

Book your Capoeira Masterclass TODAY !!

Capoeira is a dance, a martial art and a form of Brazilian cultural expression, but above all it is a game!

Developed in Brazil by African slaves, capoeira today includes dance, acrobatics, music, singing and aspects of martial arts.



Rafael is a native Brazilian with over 15 years experience as a capoeira practitioner. He has travelled extensively and has shared the art form with children and adults across Europe. His teaching and performance style is energetic, engaging and fun !

Rafael is with Cheshire Dance for 1 week only
Monday 3rd - Friday 7th February 2014
Full Day Workshops £250; Half Day £125
Contact us now for this special opportunity
01606 861770 or jane.atherton@cheshiredance.org



t: 01606 861770 e: info@cheshiredance.org w: cheshiredance.org tw: [@cheshiredance](https://twitter.com/cheshiredance) fb: [cheshiredance](https://www.facebook.com/cheshiredance) artplayer.tv/cheshiredance



Supported by the Arts Council
ENGLAND



Cheshire West
and Chester



Teacher Training Opportunities



Cheshire Dance has been working with Kelsall Primary School and Leighton Academy on an intergenerational dance and health project. In THIS Moment celebrates the youthfulness of older and young people.

Lucy Schofield from Leighton Academy said "It has been a very rewarding experience for both staff and children. We cannot wait to share what we have learnt with the residents at Beechmere and see what they have learnt. The children have enjoyed the sessions and can't wait for the next one!"

By attending this training, teachers and schools can expect :-

- ü Increased confidence in facilitating dance
- ü New ideas for dancing with young people
- ü Knowledge to develop inter-generational projects

Benefits for Participants in this project include

- ü Increased physical awareness, physical and mental health
- ü Greater understanding of creating & shaping their own projects and futures
- ü Better understanding of a different generation
- ü Improved communication skills
- ü A closer connection with their own creativity and ability to be expressive
- ü A sense of value around celebrating and sharing
- ü A sense of achievement

6th MAY 2015 – twilight session at Leighton Primary School. Exact time to be confirmed.

Register your interest now on 01606 861770.

Cheshire
Dance

Capoeira Masterclass with Rafael Braga Araujo

Cheshire's only Professional Capoeira Artist

Brazilian Music and Culture
Experience flow and inversions
Masterclass designed for dance artists

Saturday 1st February 2014
1:00 pm - 3:30pm
Winsford Library
CW7 2AS

Only £15



t: 01606 861770 e: info@cheshiredance.org w: cheshiredance.org tw: @cheshiredance fb: cheshiredance artplayer.tv/cheshiredance



Supported in part by public funding by
**ARTS COUNCIL
ENGLAND**



**Cheshire West
and Chester**



**Cheshire East
Council**



**Cheshire County
Council**



**POSITIVE ABOUT
DISABLED PEOPLE**



**CONFED DE OURO
CABULEIRA**

Cheshire
Dance

Introduction to DanceAbility

Chester University
Kingsway Buildings
Chester, CH2 2LB

5th & 6th April 2014
2pm - 6pm Saturday
10am - 4pm Sunday

With

Alito Alessi (USA)

teacher, choreographer
and founder of DanceAbility:
a non-isolating dance
method for people with
and without disabilities

more info www.cheshiredance.org/diversedance

BOOK NOW !!
places limited
Full price £120
Concession £90
20% off if paid in full by
7th February 2014

t: 01606 861770 e: info@cheshiredance.org w: cheshiredance.org tw: @cheshiredance fb: cheshiredance artplayer.tv/cheshiredance



Supported in part by public funding by
**ARTS COUNCIL
ENGLAND**



**Cheshire West
and Chester**



**Cheshire East
Council**



**Cheshire County
Council**



**POSITIVE ABOUT
DISABLED PEOPLE**



DANCEABILITY

supported by



dance
UK

Professional development courses for primary PE school co-ordinators, class teachers, teaching assistants, dance coaches and dance artists delivering the new PE National Curriculum, led by the NDTA and specialist dance trainers.

Spring 2014

- 23 January - University of Wolverhampton
- 6 February - Dance East, Ipswich
- 13 February - Lancaster University
- 27 February - Dance Southwest, Boumémouth
- 6 March - Cheshire Dance, Winsford Lifestyle Centre
- 12 March - Beda Derby
- 20 March - Rambert London
- 27 March - National Dance Company of Wales, Cardiff



professional
development

TEACH ENGAGE LEARN

Essential information and new creative ideas for teaching dance from Reception to Year 6

NDTA
National
Dance
Teachers
Association

Use your PE and Sports premium to improve your subject knowledge and confidence to build a high quality and sustainable programme of dance in your school

The course will:

- Refresh and improve your subject knowledge of dance in the PE national curriculum
- Improve your confidence to plan and deliver high quality dance
- Provide new dance ideas, lesson plans and ideas for a scheme of work
- Link you to a national dance network of teachers to share effective practice

Course Fee includes:

- A copy of the Dance Framework (produced by Youth Dance England) to assist in your planning and assessment of dance from Reception to Year 6
- One year membership to NDTA which gives you access to free online lesson plans and specialist adviser support
- Refreshments – tea/coffee (Lunch will be available to purchase locally)

Course fee £175

Book now to ensure your place.

For more information and to complete an online booking form please visit ndta.org.uk

The NDTA is able to provide further bespoke specialist dance training workshops or days for individual or groups of schools. Please contact NDTA for further information.

NDTA
National
Dance
Teachers
Association



Dance!

Movers, Shakers, Players

Friday 10:30 - 11:30am
0 - 4 year olds
Winsford Library, CW7 2AS

Winsford Creative Movers

Monday 4:30 - 5:30pm
4 - 8 year olds
Winsford Library, CW7 2AS

Hotsteppin' Street Dance

Wednesday 6:00 - 7:00pm
6 - 12 year olds
Rudheath Leisure Centre,
Northwich, CW9 7EL

Adult Disability Dance

Let's Connect Thursday 11:00 - 12 noon
Northgate Arena, Chester
CH2 2AU
Let's Dance Wednesday 1:15 - 2:15pm
Winsford Library, CW7 2AS
Contact Jane McLean to book your place

Mature Movers, Age 50+

Tuesday 11:00 - 12:00
Neston Town Hall, CH64 9TR
Wednesday 10:00 - 11:00 am
Northwich and District Youth
Club, Winnington, Northwich,
CW8 4DE

Capoeira

Adult - all abilities 16+
Monday 7 - 8:30pm
Wednesday 6:30 - 8:00pm
£5:00 per class

Children - 6 years +
Mondays 6:00 - 7:00 pm
£4:00 per class (£6:00 for 2 siblings)

All at The Unity Centre
17 Cuppin Street, Chester, CH1 2BN

For more information visit
www.rastrosnoar.co.uk



All sessions cost £3.00 per participant
unless stated otherwise

Dance Classes in Cheshire West and Chester

School Term Times

Cheshire Dance, Registered Charity No. 1020584
1st Floor, Winsford Library, High Street, Winsford, CW7 2AS

01606 861770 / 07534 425229

email: info@cheshiredance.org www.cheshiredance.org

Please call to check details and availability

Cheshire
Dance



Supported by
**ARTS COUNCIL
ENGLAND**



Cheshire West
and Chester

Dance!

Jam'd Break Dance

Thursday 5:00 - 6:00pm
Sir William Stanier Leisure Centre,
Crewe, CW1 4DJ

Dance 'N' Tone

Wednesday - Adult 18+
10:00 - 11:00 am
£4:00 per session
Wychwood Village Hall, Weston,
Crewe, CW2 5TD

Live to Move - welcomes adults 50+

Register your
interest for a new
session starting
soon

Chrysalis - welcomes adults with additional needs

Friday 11:00 - 12:00
Nantwich Civic Hall, CW5 5DG
Contact Sadie to book your place

Oakley - welcomes adults with additional needs

Thursday 1:30 - 2:30
Oakley Leisure Centre, CW1 2PZ
Contact Sadie to book your place

Dance and Drama

Thursday 5:30 - 7:00
Oaklenclough Children's Centre,
Colshaw Drive, Wilmslow
Contact Sadie to book your place



All sessions cost £3.00 per participant
unless stated otherwise

Dance Classes in Cheshire East School Term Times

Cheshire Dance, Registered Charity No. 1020584
1st Floor, Winsford Library, High Street, Winsford, CW7 2AS
01606 861770 / 07534 425229
email: info@cheshiredance.org www.cheshiredance.org

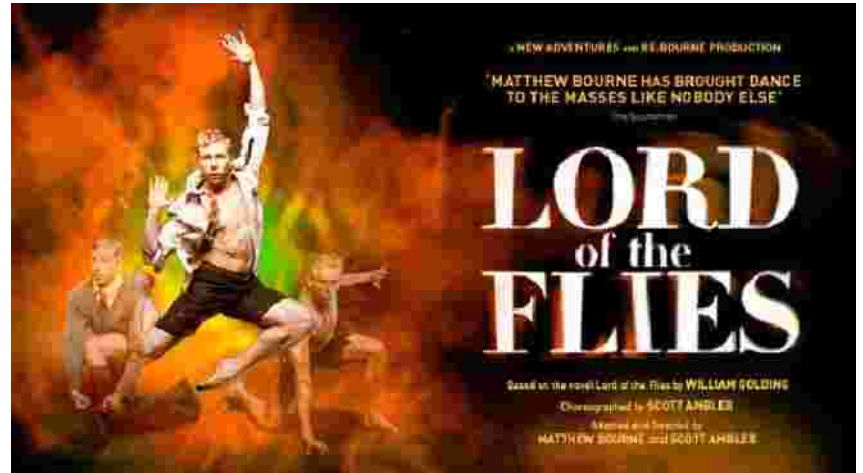
Please call to check details and availability

Cheshire
Dance



Supported by
**ARTS COUNCIL
ENGLAND**





Lord of the Flies – Open Days
Sunday 12th January – Sunday 26th January

Lord of the Flies is a unique project that will bring together professional dancers from Matthew Bourne's New Adventures company and young men from across the North West, to produce a full length production at The Lowry in April 2014.

Over the coming months The Lowry will be launching a large-scale community outreach programme to find the young men to be in the show.

Any young man aged between 10 and 25 years old who is interested in getting involved is more than welcome to apply !

You don't have to have any dance experience at all, just a passion and commitment for performing !

Cheshire: Eaton Bank Academy, Sun 26 January, 10am or 2pm

Greater Manchester: The Lowry, Sun 12 January, 10am or 2pm

Salford: The University of Salford, Sat 18 January, 10am or 2pm

Warrington (Cheshire): Pyramid & Parr Hall, Sat 25 January, 10am or 2pm

30th April 2014 7.30pm

Close Distance:

PARLOR DANCE



thebrindley

CLOSE / DISTANCE

Education workshops and Performance:

For more information contact:

claire@fallenangelsdancetheatre.co.uk

m: 07801 478 548

or

Claire.Bigley@halton.gov.uk

t: 0151 907 8360

CLOSE/DISTANCE

Close Distance revolves around the lives of four people brought together by where they live. An explosive, helter-skelter ride of dance and impressive contact work, speech, animation and visual projections that will grip you, tickle you, pull on your heartstrings and you ponder on your own life.

You will, no doubt, recognise some of the characters you meet along the way and you just might catch a glimpse of yourself. Get ready to fly, tumble, laugh and cry with us. Let us comfort you with a smile and drive you up the wall with our loud music. Our stories are echos of your own.

Education Offer:

Workshops: 29th April 2014

£150 for a half day

£250 full day

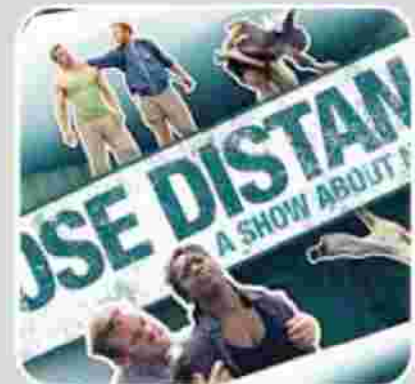
or including...

Performance: 30th April 2014

workshop and performance:

£75 workshop when you book 15 tickets for the performance

(1 teacher goes free every 15 tickets)



Workshop themes/focus:

- "Impressive" Contact work
- drama and dance - use of characters
- links to PHEE
- learn repertoire
- Contemporary dance technique
- Physical Theatre
- Choreography