

Helping YOU get older people healthy through dance

A unique CPD opportunity to receive training and workshop appropriate material with an inter-generational focus.

Developed from our current In THIS Moment project.

Are you a teacher interested in:

- improving your skills and knowledge in supporting dance activities with an inclusive and child-centred approach?
- developing creative content and good practice in dance and health ?
- developing ways to connect to the community ?
- discovering links to Arts Award and Artsmark ?

Further information available from Leanne@cheshiredance.org

Two sessions available. Book NOW !!

DATE	Tues 6 th May 2014	DATE	Wed 7 th May 2014
TIME	4:00 – 6:00 pm	TIME	4:00 – 6:00 pm
COST	£ 50	COST	£ 50
VENUE	Leighton Academy Minshull New Road Crewe CW1 3PP	VENUE	Kelsall Primary School Flat Lane Kelsall CW6 0PU

Please contact:-

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Winsford Library, High St, Winsford, CW7 2AS



An inter-generational dance and health project celebrating the youthfulness of older and younger people.

Through care support training, movement sessions and collaboration with primary schools, we aim to:-

- **progress healthy, creative and social outcomes In THIS Moment, amongst young and older people**
- **develop and push the boundaries of high quality art provision for older people.**



The Baring Foundation

